1980 Mason Dixon Conference Championships

Outdoor Track & Field Meet

Time Schedule

Friday/May 2

2:00	Long Jump	(Trials & Finals)	Men
followed by Long Jump		(Trials & Finals)	Women
2:00	Shot Put	(Trials & Finals)	Men
2:00	Javelin	(Trials & Finals)	Women
2:00	High Jump	(Finals)	Women
2:15	110 HH	(Trials)	Men
2:35	100 H	(Trials)	Women
2:50	400 Meters	(Trials)	Men
3:10	400 Meters	(Trials)	Women
3:25	100 Meters	(Trials)	Men
3:45	100 Meters	(Trials)	Women
4:05	800 Meters	(Trials)	Men
4:15	Discus	(Trials & Finals)	Women
4:25	400 IH	(Trials)	Men
4:45	400 IH	(Trials)	Women
5:00	200 Meters	(Trials)	Men
5:15	200 Meters	(Trials)	Women
5:30	10,000 Meters	(Finals)	Men
6:10	3,000 Meters	(Finals)	Women

Saturday/ May 3

12:00	Javelin	(Trials & Finals)	Men
	Shot	(Trials & Finals)	Women
	Pole Vault	(Finals)	Men
	High Jump	(Finals)	Men
	Triple Jump	(Trials & Finals)	Men
1:00	3000 Meter Steeplechase	(Finals)	Men
1:20	400 Relay	(Finals)	Men
1:30	400 Relay	(Finals)	Women
1:40	1500 Meters	(Finals)	Men
1:50	1500 Meters	(Finals)	Women
2:05	110 HH	(Finals)	Men
2:20	100 HH	(Finals)	Women
2:30	400 Meters	(Finals)	Men
	Discus	(Trials & Finals)	Men
2:40	400 Meters	(Finals)	Women
2:50	100 Meters	(Finals)	Men
3:00	100 Meters	(Finals)	Women
3:10	800 Meters	(Finals)	Men
3:20	800 Meters	(Finals)	Women
3:30	400 IH	(Finals)	Men
3:40	400 IH	(Finals)	Women
3:50	200 Meters	(Finals)	Men
4:00	200 Meters	(Finals)	Women
4:10	5000 Meters	(Finals)	Men
4:30	1600 M Relay	(Finals)	Men
4:40	1600 M Relay	(Finals)	Women

MASON DIXON TRACK AND FIELD CONFERENCE
CHAMPIONSHIP MEET RECORDS

MEN

100 meters	Wayne Cottman	Frostburg State	10.3	1979
200 meters	Wayne Cottman	Frostburg State	21.7	1979
400 meters	Charles Butler	Frostburg State	49.1	1979
800 meters	Richard Brody	Catholic U.	1:52.0	1979
1500 meters	Chuck Wimberly	George Mason	3:51.3	1979
5000 meters	Tim Gavin	Frostburg State	14:35.5	1979
10000 meters	Tim Gavin	Frostburg State	29:58.2	1979
3000m s'chase	Jim Seuffert	Mount St. Mary's	9:21.8	1979
110m hurdles	Roberto Vaddy	Towson State	14.2	1979
400m hurdles	Roberto Vaddy	Towson State	53.5	1979
440 Relay	Towson State		42.1	1979
Mile Relay	American U. (Boroto, Ball, Hackett, Campbell)		3:16.4	1964
Long Jump	Tom Newberger	Mount St. Mary's	23-8¼	1966
Triple Jump	W. Welch	George Mason	47-3½	1977
High Jump	Kevin Jackson	George Mason	6-8	1979
Pole Vault	Peter Chen	American U.	14-6	1966
Shot Put	Lowell Brooks	Mount St. Mary's	50-3	1977
Discus	Odd Haugen	Western Maryland	160-0	1972
Javelin	Ted Stutmeier	Frostburg State	205-2	1979

Championship Records of Events No Longer Contested:

100 yards	Tom Delmoor	Mount St. Mary's	9.5 (9.48)h	1977
220 yards	Bill Ennis	Catholic U.	21.8	1966
440 yards	Ron Banks	Mount St. Mary's	47.8	1975
880 yards	Mark Martin	Mount St. Mary's	1:50.9	1977
Mile	Cliff Feldheim	U.M.B.C.	4:12.0	1977
2 Mile	Steve Hanlon	Mount St. Mary's	9:28.9	1970
3 Mile	Tim Gavin	Frostburg State	14:21.4	1978
6 Mile	Will Albers	George Mason	30:34.0	1978
3000m s'chase*	Mark Landis	Mount St. Mary's	9:01.2	1978
120 yard H	Barry Stebbins	Mount St. Mary's	14.2 h	1975
330 yard H				
440 yard H	Roberto Vaddy	Towson State	53.4	1977

legend: h-heat, *-without waterjump
note: 1979 was first year for metric distances.

WOMEN

100 meters	Gail Glave	Frostburg State	12.3
200 meters	Glenetta Brown	Frostburg State	25.6
400 meters	Diane Ray	Frostburg State	58.0
800 meters	Kim Gehrke	Frostburg State	2:22.2
1500 meters	Terri Gehrke	Frostburg State	4:40.3
3000 meters	Terri Gehrke	Frostburg State	10:33.8
100m hurdles	Pat Kendrick	George Mason U.	15.9
400m hurdles	Kathy Chapman	Messiah	65.9
Long Jump	Gail Glave	Frostburg State	16-9
Shot Put	Cindy Daugherty	Salisbury State	34-9½
High Jump	Sue Janowiak	Mount St. Mary's	5-4
Discus	Susan Reinholz	Frostburg State	111-6
Javelin	Val Diveley	Gallaudet	114-10
440 Relay	Frostburg State		50.3
Mile Relay	Frostburg State		4"01.5

All performances made in 1979

Team Champions:

1979 Frostburg State 177

TRACK & FIELD CHAMPIONS

1936-Washington College
1937-Washington College
1938-Washington College
1939-Catholic University
1940-Catholic University
1941-Catholic University
1942-Catholic University
1943-Johns Hopkins University
1944-Gallaudet College
1945-Gallaudet College
1946-Johns Hopkins University
1947-Catholic University
1948-Johns Hopkins University
1949-Washington College
1950-Bridgewater College
1951-Catholic University
1952-Bridgewater College
1953-Catholic University
1954-Roanoke College
1955-Roanoke College
1956-Roanoke College
1957-Roanoke College
1958-Roanoke College
1959-Catholic University
1960-Roanoke College
1961-American University
1962-Roanoke College
1963-Mt. St. Mary's College
1964-Mt. St. Mary's College
1965-Mt. St. Mary's College
1966-American University
1967-Mt. St. Mary's College
1968-Catholic University
1969-Catholic University
1970-Mt. St. Mary's
1971-Towson State
1972-Mt. St. Mary's
1973-Mt. St. Mary's
1974-Catholic University
1975-Mt. St. Mary's
1976-Mt. St. Mary's
1977-Mt. St. Mary's
1978-Frostburg State
1979-Frostburg State